

Convocation 2024 / Schedule of Online Events – Brasilia Time (BRT)

Sunday July 14	Monday July 15	Tuesday July 16	Wednesday July 17	Thursday July 18	Friday July 19	Saturday July 20
	1:00 AM – 2:00 AM Meditation Brother Tyagananda	1:00 AM – 2:00 AM Meditation Brother Jitananda	1:00 AM – 2:00 AM Meditation Brother Vimalananda	1:00 AM – 2:00 AM Meditation Brother Vijayananda	1:30 AM – 2:00 AM Meditation Brother Dhruvananda	1:00 AM – 2:00 AM Meditation Brother Saralananda
	12:00 PM – 3:00 PM Meditation with Kirtan (Devotional Chanting) SRF Nuns' Kirtan Group	12:00 PM – 1:00 PM Meditation Sister Sarala	12:00 PM – 3:00 PM Meditation with Brother Chidananda SRF Monks' Kirtan Group	12:00 PM – 1:00 PM Meditation Sister Chetana	12:00 PM – 3:00 PM Guided Meditation Sister Yogamayee	12:00 PM – 1:00 PM Meditation Sister Jyoti
		2:30 PM – 3:30 PM Satsanga (Questions & Answers) Sister Brahmani		2:30 PM – 3:30 PM Satsanga (Questions & Answers) Sister Nandini		
			4:00 PM – 5:00 PM Guided Meditation in Italian with Technique Review Brother Sattvananda		3:30 PM – 4:30 PM Guided Meditation in German with Technique Review Brother Nikhilananda	5:00 PM – 6:00 PM “A Portable Paradise: Sustaining the Strength and Inspiration of Divine Fellowship Wherever You Go” Sister Draupadi
	6:30 PM – 7:30 PM “Recharging the Body with Cosmic Energy” Brother Prafullananda	6:30 PM – 7:30 PM “Mastering the Techniques of Meditation – Part II” (Aum Technique of Meditation) Brother Padmananda	6:00 PM – 7:00 PM Guided Meditation in Portuguese with Technique Review Sister Bhavani	6:00 PM – 7:00 PM Guided Meditation in Spanish with Technique Review Brother Ekananda	6:00 PM – 7:00 PM Online Fellowship “What Are Some of Your Key Takeaways From Convocation?”	
10:00 PM – 11:00 PM Online Fellowship “What do you hope to gain from this year's Convocation?”	8:30 PM – 9:30 PM “Mastering the Techniques of Meditation – Part I” (Hong-Sau Technique of Concentration) Sister Karuna	8:30 PM – 9:30 PM Guided Meditation in Japanese with Technique Review Sister Shankari	8:30 PM – 9:30 PM Online Fellowship “What Aspect of Paramahansa Yogananda's Teachings is Most Meaningful to You?”	8:00 PM – 9:30 PM Kirtan and Meditation From YSS Ranchi Ashram Matri Mandir YSS Monks' Kirtan Group		
11:30 PM – 12:30 AM “Allowing Joy to Be a Part of Our Everyday Lives” Brother Kamalananda	11:30 PM – 12:30 AM “Using the Mirror of Introspection For All-Round Success” Brother Satyananda	11:30 PM – 12:30 AM “Forging a Personal Connection With the Divine” Sister Ranjana	11:30 PM – 12:30 AM “Intuition: Nurturing the Love and Wisdom That Come From Meditation” Brother Govindananda	11:30 PM – 12:30 AM “Highest Expression of Friendship: The Sacred Bond Between Guru and Disciple” Brother Bhumananda	11:30 PM – 12:30 AM Satsanga with Brother Chidananda	