

Convocation 2026 / Schedule of Online Events – Atlantic Daylight Time (ADT)

Sunday August 2	Monday August 3	Tuesday August 4	Wednesday August 5	Thursday August 6	Friday August 7	Saturday August 8
	1:00 AM – 2:00 AM Meditation Brother Nikhilananda	1:00 AM – 2:00 AM Meditation Brother Ekananda	1:00 AM – 2:00 AM Meditation Brother Nishthananda	1:00 AM – 2:00 AM Meditation Brother Vidurananda	1:30 AM – 2:00 AM Meditation Brother Padmananda	1:00 AM – 2:00 AM Meditation Brother Asimananda
	12:00 PM – 3:00 PM Meditation with Kirtan (Devotional Chanting) SRF Monks' Kirtan Group	12:00 PM – 1:00 PM Meditation Sister Karuna	12:00 PM – 3:00 PM Meditation with Brother Chidananda SRF Monks' Kirtan Group	12:00 PM – 1:00 PM Meditation Sister Sarala	12:00 PM – 3:00 PM Guided Meditation Sister Jyoti	12:00 PM – 1:00 PM Meditation Sister Veena
		2:30 PM – 3:30 PM Satsanga (Questions & Answers) Brother Kartikananda	4:00 PM – 5:00 PM Guided Meditation in Italian with Technique Review Sister Anjali	2:30 PM – 3:30 PM Satsanga (Questions & Answers) Brother Tyagananda		
			6:00 PM – 7:00 PM Guided Meditation in Portuguese with Technique Review Sister Amaravati		3:30 PM – 4:30 PM Guided Meditation in German with Technique Review Brother Asimananda	2:00 PM – 3:00 PM Online Fellowship “What have you learned this week that you want to put into practice?”
	6:30 PM – 7:30 PM “Recharging the Body with Cosmic Energy” Brother Muktananda	6:30 PM – 7:30 PM “Mastering the Techniques of Meditation – Part II” (Aum Technique of Meditation) Brother Ritananda	7:00 PM – 8:00 PM Online Fellowship “What have you learned, what has stood out for you so far?”	6:00 PM – 7:00 PM Guided Meditation in Spanish with Technique Review Sister Meenakshi		5:00 PM – 6:00 PM “Bringing the Calmness of Meditation Into Our Relationships” Sister Brahmani
9:00 PM – 10:00 PM Online Fellowship “What are you looking forward to in this year's Convocation?”	8:30 PM – 9:30 PM “Mastering the Techniques of Meditation – Part I” (Hong-Sau Technique of Concentration) Sister Dhira	8:30 PM – 9:30 PM Guided Meditation in Japanese with Technique Review Sister Shankari	8:30 PM – 9:30 PM Satsanga (Questions & Answers) Brother Sevananda	8:00 PM – 9:30 PM Meditation with Kirtan (Devotional Chanting) SRF Nuns' Kirtan Group		
11:30 PM – 12:30 AM “The Art of Joyful Living: Yoga's Path to Happiness” Brother Saralananda	11:30 PM – 12:30 AM “Eternal Youth: What Does it Mean and How Can We Have It?” Brother Kamalananda	11:30 PM – 12:30 AM “Inner Security Through Divine Connection” Brother Bhumananda	11:30 PM – 12:30 AM “Becoming an Instrument of Divine Love” Sister Draupadi	11:30 PM – 12:30 AM “The Guru: Divine Friend and Guide” Brother Satyananda	11:30 PM – 12:30 AM An Evening with SRF/YSS President— “Paramahansa Yogananda's Kriya Yoga Teachings” Brother Chidananda	