

Convocation 2026 / Schedule of Online Events – Alaska Daylight Time (AKDT)

Sunday August 2	Monday August 3	Tuesday August 4	Wednesday August 5	Thursday August 6	Friday August 7	Saturday August 8
	7:00 AM – 10:00 AM Meditation with Kirtan (Devotional Chanting) SRF Monks' Kirtan Group	7:00 AM – 8:00 AM Meditation Sister Karuna	7:00 AM – 10:00 AM Meditation with Brother Chidananda SRF Monks' Kirtan Group	7:00 AM – 8:00 AM Meditation Sister Sarala	7:00 AM – 10:00 AM Guided Meditation Sister Jyoti	7:00 AM – 8:00 AM Meditation Sister Veena
		9:30 AM – 10:30 AM Satsanga (Questions & Answers) Brother Kartikananda		9:30 AM – 10:30 AM Satsanga (Questions & Answers) Brother Tyagananda		9:00 AM – 10:00 AM Online Fellowship "What have you learned this week that you want to put into practice?"
			11:00 AM – 12:00 PM Guided Meditation in Italian with Technique Review Sister Anjali		10:30 AM – 11:30 AM Guided Meditation in German with Technique Review Brother Asimananda	12:00 PM – 1:00 PM "Bringing the Calmness of Meditation Into Our Relationships" Sister Brahmani
	1:30 PM – 2:30 PM "Recharging the Body with Cosmic Energy" Brother Muktananda	1:30 PM – 2:30 PM "Mastering the Techniques of Meditation – Part II" (Aum Technique of Meditation) Brother Ritananda	1:00 PM – 2:00 PM Guided Meditation in Portuguese with Technique Review Sister Amaravati	1:00 PM – 2:00 PM Guided Meditation in Spanish with Technique Review Sister Meenakshi		
	3:30 PM – 4:30 PM "Mastering the Techniques of Meditation – Part I" (Hong-Sau Technique of Concentration) Sister Dhira	3:30 PM – 4:30 PM Guided Meditation in Japanese with Technique Review Sister Shankari	2:00 PM – 3:00 PM Online Fellowship "What have you learned, what has stood out for you so far?"	3:00 PM – 4:30 PM Meditation with Kirtan (Devotional Chanting) SRF Nuns' Kirtan Group		
4:00 PM – 5:00 PM Online Fellowship "What are you looking forward to in this year's Convocation?"			3:30 PM – 4:30 PM Satsanga (Questions & Answers) Brother Sevananda			
6:30 PM – 7:30 PM "The Art of Joyful Living: Yoga's Path to Happiness" Brother Saralananda	6:30 PM – 7:30 PM "Eternal Youth: What Does it Mean and How Can We Have It?" Brother Kamalananda	6:30 PM – 7:30 PM "Inner Security Through Divine Connection" Brother Bhumananda	6:30 PM – 7:30 PM "Becoming an Instrument of Divine Love" Sister Draupadi	6:30 PM – 7:30 PM "The Guru: Divine Friend and Guide" Brother Satyananda	6:30 PM – 7:30 PM An Evening with SRF/YSS President— "Paramahansa Yogananda's Kriya Yoga Teachings" Brother Chidananda	
8:00 PM – 9:00 PM Meditation Brother Nikhilananda	8:00 PM – 9:00 PM Meditation Brother Ekananda	8:00 PM – 9:00 PM Meditation Brother Nishthananda	8:00 PM – 9:00 PM Meditation Brother Vidurananda	8:30 PM – 9:00 PM Meditation Brother Padmananda	8:00 PM – 9:00 PM Meditation Brother Asimananda	