

Convocation 2026 / Schedule of Online Events – Central European Daylight Time (CEDT)

| Sunday August 2 | Monday August 3 | Tuesday August 4 | Wednesday August 5 | Thursday August 6 | Friday August 7 | Saturday August 8 |
|--------------------|---|--|--|--|--|--|
| | | 1:30 AM – 2:30 AM “Mastering the Techniques of Meditation – Part I” (Hong-Sau Technique of Concentration) Sister Dhira | 1:30 AM – 2:30 AM Guided Meditation in Japanese with Technique Review Sister Shankari | 12:00 AM – 1:00 AM Online Fellowship “What have you learned, what has stood out for you so far?” | 1:00 AM – 2:30 AM Meditation with Kirtan (Devotional Chanting) SRF Nuns’ Kirtan Group | |
| | 2:00 AM – 3:00 AM Online Fellowship “What are you looking forward to in this year’s Convocation?” | | | 1:30 AM – 2:30 AM Satsanga (Questions & Answers) Brother Sevananda | | 4:30 AM – 5:30 AM An Evening with SRF/YSS President— “Paramahansa Yogananda’s Kriya Yoga Teachings” Brother Chidananda |
| | 4:30 AM – 5:30 AM “The Art of Joyful Living: Yoga’s Path to Happiness” Brother Saralananda | 4:30 AM – 5:30 AM “Eternal Youth: What Does it Mean and How Can We Have It?” Brother Kamalananda | 4:30 AM – 5:30 AM “Inner Security Through Divine Connection” Brother Bhumananda | 4:30 AM – 5:30 AM “Becoming an Instrument of Divine Love” Sister Draupadi | 4:30 AM – 5:30 AM “The Guru: Divine Friend and Guide” Brother Satyananda | 6:00 AM – 7:00 AM Meditation Brother Asimananda |
| | 6:00 AM – 7:00 AM Meditation Brother Nikhilananda | 6:00 AM – 7:00 AM Meditation Brother Ekananda | 6:00 AM – 7:00 AM Meditation Brother Nishthananda | 6:00 AM – 7:00 AM Meditation Brother Vidurananda | 6:30 AM – 7:00 AM Meditation Brother Padmananda | |
| | | | | | | |
| | 5:00 PM – 8:00 PM Meditation with Kirtan (Devotional Chanting) SRF Monks’ Kirtan Group | 5:00 PM – 6:00 PM Meditation Sister Karuna | 5:00 PM – 8:00 PM Meditation with Brother Chidananda SRF Monks’ Kirtan Group | 5:00 PM – 6:00 PM Meditation Sister Sarala | 5:00 PM – 8:00 PM Guided Meditation Sister Jyoti | 5:00 PM – 6:00 PM Meditation Sister Veena |
| | | 7:30 PM – 8:30 PM Satsanga (Questions & Answers) Brother Kartikananda | 9:00 PM – 10:00 PM Guided Meditation in Italian with Technique Review Sister Anjali | 7:30 PM – 8:30 PM Satsanga (Questions & Answers) Brother Tyagananda | 8:30 PM – 9:30 PM Guided Meditation in German with Technique Review Brother Asimananda | 7:00 PM – 8:00 PM Online Fellowship “What have you learned this week that you want to put into practice?” |
| | 11:30 PM – 12:30 AM “Recharging the Body with Cosmic Energy” Brother Muktananda | 11:30 PM – 12:30 AM “Mastering the Techniques of Meditation – Part II” (Aum Technique of Meditation) Brother Ritananda | 11:00 PM – 12:00 AM Guided Meditation in Portuguese with Technique Review Sister Amaravati | 11:00 PM – 12:00 AM Guided Meditation in Spanish with Technique Review Sister Meenakshi | | 10:00 PM – 11:00 PM “Bringing the Calmness of Meditation Into Our Relationships” Sister Brahmani |