

Convocation 2026 / Schedule of Online Events – Mountain Daylight Time (MDT)

Sunday August 2	Monday August 3	Tuesday August 4	Wednesday August 5	Thursday August 6	Friday August 7	Saturday August 8
	9:00 AM – 12:00 PM Meditation with Kirtan (Devotional Chanting) SRF Monks' Kirtan Group	9:00 AM – 10:00 AM Meditation Sister Karuna	9:00 AM – 12:00 PM Meditation with Brother Chidananda SRF Monks' Kirtan Group	9:00 AM – 10:00 AM Meditation Sister Sarala	9:00 AM – 12:00 PM Guided Meditation Sister Jyoti	9:00 AM – 10:00 AM Meditation Sister Veena
		11:30 AM – 12:30 PM Satsanga (Questions & Answers) Brother Kartikananda		11:30 AM – 12:30 PM Satsanga (Questions & Answers) Brother Tyagananda		11:00 AM – 12:00 PM Online Fellowship <i>“What have you learned this week that you want to put into practice?”</i>
			1:00 PM – 2:00 PM Guided Meditation in Italian with Technique Review Sister Anjali		12:30 PM – 1:30 PM Guided Meditation in German with Technique Review Brother Asimananda	2:00 PM – 3:00 PM “Bringing the Calmness of Meditation Into Our Relationships” Sister Brahmani
	3:30 PM – 4:30 PM “Recharging the Body with Cosmic Energy” Brother Muktananda	3:30 PM – 4:30 PM “Mastering the Techniques of Meditation – Part II” (Aum Technique of Meditation) Brother Ritananda	3:00 PM – 4:00 PM Guided Meditation in Portuguese with Technique Review Sister Amaravati	3:00 PM – 4:00 PM Guided Meditation in Spanish with Technique Review Sister Meenakshi		
	5:30 PM – 6:30 PM “Mastering the Techniques of Meditation – Part I” (Hong-Sau Technique of Concentration) Sister Dhira	5:30 PM – 6:30 PM Guided Meditation in Japanese with Technique Review Sister Shankari	4:00 PM – 5:00 PM Online Fellowship <i>“What have you learned, what has stood out for you so far?”</i>	5:00 PM – 6:30 PM Meditation with Kirtan (Devotional Chanting) SRF Nuns' Kirtan Group		
6:00 PM – 7:00 PM Online Fellowship <i>“What are you looking forward to in this year's Convocation?”</i>			5:30 PM – 6:30 PM Satsanga (Questions & Answers) Brother Sevananda			
8:30 PM – 9:30 PM “The Art of Joyful Living: Yoga's Path to Happiness” Brother Saralananda	8:30 PM – 9:30 PM “Eternal Youth: What Does it Mean and How Can We Have It?” Brother Kamalananda	8:30 PM – 9:30 PM “Inner Security Through Divine Connection” Brother Bhumananda	8:30 PM – 9:30 PM “Becoming an Instrument of Divine Love” Sister Draupadi	8:30 PM – 9:30 PM “The Guru: Divine Friend and Guide” Brother Satyananda	8:30 PM – 9:30 PM An Evening with SRF/YSS President— “Paramahansa Yogananda's Kriya Yoga Teachings” Brother Chidananda	
10:00 PM – 11:00 PM Meditation Brother Nikhilananda	10:00 PM – 11:00 PM Meditation Brother Ekananda	10:00 PM – 11:00 PM Meditation Brother Nishthananda	10:00 PM – 11:00 PM Meditation Brother Vidurananda	10:30 PM – 11:00 PM Meditation Brother Padmananda	10:00 PM – 11:00 PM Meditation Brother Asimananda	