

Convocation 2026 / Schedule of Online Events – New Zealand Standard Time (NZST)

| Monday August 3 | Tuesday August 4 | Wednesday August 5 | Thursday August 6 | Friday August 7 | Saturday August 8 | Sunday August 9 |
|---|--|--|---|---|--|---|
| | 3:00 AM – 6:00 AM Meditation with Kirtan (Devotional Chanting) SRF Monks' Kirtan Group | 3:00 AM – 4:00 AM Meditation Sister Karuna | 3:00 AM – 6:00 AM Meditation with Brother Chidananda SRF Monks' Kirtan Group | 3:00 AM – 4:00 AM Meditation Sister Sarala | 3:00 AM – 6:00 AM Guided Meditation Sister Jyoti | 3:00 AM – 4:00 AM Meditation Sister Veena |
| | | 5:30 AM – 6:30 AM Satsanga (Questions & Answers) Brother Kartikananda | | 5:30 AM – 6:30 AM Satsanga (Questions & Answers) Brother Tyagananda | | 5:00 AM – 6:00 AM Online Fellowship "What have you learned this week that you want to put into practice?" |
| | | | 7:00 AM – 8:00 AM Guided Meditation in Italian with Technique Review Sister Anjali | | 6:30 AM – 7:30 AM Guided Meditation in German with Technique Review Brother Asimananda | 8:00 AM – 9:00 AM "Bringing the Calmness of Meditation Into Our Relationships" Sister Brahmani |
| | 9:30 AM – 10:30 AM "Recharging the Body with Cosmic Energy" Brother Muktananda | 9:30 AM – 10:30 AM "Mastering the Techniques of Meditation – Part II" (Aum Technique of Meditation) Brother Ritananda | 9:00 AM – 10:00 AM Guided Meditation in Portuguese with Technique Review Sister Amaravati | 9:00 AM – 10:00 AM Guided Meditation in Spanish with Technique Review Sister Meenakshi | | |
| | 11:30 AM – 12:30 PM "Mastering the Techniques of Meditation – Part I" (Hong-Sau Technique of Concentration) Sister Dhira | 11:30 AM – 12:30 PM Guided Meditation in Japanese with Technique Review Sister Shankari | 10:00 AM – 11:00 AM Online Fellowship "What have you learned, what has stood out for you so far?" | 11:00 AM – 12:30 PM Meditation with Kirtan (Devotional Chanting) SRF Nuns' Kirtan Group | | |
| 12:00 PM – 1:00 PM Online Fellowship "What are you looking forward to in this year's Convocation?" | | | 11:30 AM – 12:30 PM Satsanga (Questions & Answers) Brother Sevananda | | | |
| 2:30 PM – 3:30 PM "The Art of Joyful Living: Yoga's Path to Happiness" Brother Saralananda | 2:30 PM – 3:30 PM "Eternal Youth: What Does it Mean and How Can We Have It?" Brother Kamalananda | 2:30 PM – 3:30 PM "Inner Security Through Divine Connection" Brother Bhumananda | 2:30 PM – 3:30 PM "Becoming an Instrument of Divine Love" Sister Draupadi | 2:30 PM – 3:30 PM "The Guru: Divine Friend and Guide" Brother Satyananda | 2:30 PM – 3:30 PM An Evening with SRF/YSS President— "Paramahansa Yogananda's Kriya Yoga Teachings" Brother Chidananda | |
| 4:00 PM – 5:00 PM Meditation Brother Nikhilananda | 4:00 PM – 5:00 PM Meditation Brother Ekananda | 4:00 PM – 5:00 PM Meditation Brother Nishthananda | 4:00 PM – 5:00 PM Meditation Brother Vidurananda | 4:30 PM – 5:00 PM Meditation Brother Padmananda | 4:00 PM – 5:00 PM Meditation Brother Asimananda | |