**UPDATED! New! Next Pilgrimage Oct 2017 Reservation Inquiries Open Now.**

**Semi-Private! Quiet Heart Pilgrimages for Mature Devotee Women Only!**

The Quiet Heart Pilgrimages to Guruji’s India are held twice a year Oct/Nov and Feb/March ***for 3 to 5 mature devotee women only.*** On this semi-private pilgrimage, selected pilgrims can choose 2, 3, or 4 weeks in India, absorbing the tremendous blessings of reverential visits to the major places associated with our line of Gurus.

**Next pilgrimage Oct 2017**

Email for brochure, dates, itineraries, and prices: [QuietHeart.India@gmail.com](mailto:QuietHeart.India@gmail.com)

***Pilgrimage Video:*** <http://youtu.be/4t4YJFFZydY>

***Maturity Defined...***

It's not about age, or length of time on the path, or how many Kriyas you do, or how long you meditate each day….

It's about having come to that place where God…practicing and feeling the Presence of the Divine…has become the compelling force in your life.

It's about wanting to live more in the Quiet Heart; in the interior castle.

It's about loving God, and wanting to live, move, and have your being in that Divine Presence.

It's about coming to a place of peace, where you can rest in faith; where your relationship with the Divine Beloved has proven to be solid amidst the crash of breaking worlds.

It's about seeing the divine opportunity for spiritual growth in every situation; in every relationship.

Maturity is about finding your happiness in the thought of God, in the struggle to overcome the dark heart, and in the Guru-given joy of the Divine Romance.

The "Quiet Heart Pilgrimages" provide a special service for mature women who want to have a deeply reverent spiritual experience in a small group of like-minded souls.

You would find a Quiet Heart Pilgrimage of great value:

* If you would appreciate having someone look after your particular needs and concerns about being on pilgrimage in India. Some devotes have trepidations about becoming ill, about not finding the right food, about the sanitation differences, about their own physical limitations, about staying in the YSS ashrams, and about many other aspects of going to India.
* You can expect a great amount of general, and unique-to-you, expert preparational guidance before going, and once there, your female Kriyaban Escort will attend to any needs that may arise for you. Small groups and extensive personal experience allow for this excellent quality individual attention.
* If you want a reverential, holy experience that is based on vivifying in your own heart the tenets in Daya Mataji's book "Enter The Quiet Heart."
* Like being on retreat, where the intent is shared, a supportive environment is created where you can dive deeper into Practicing the Presence in your own way and time.
* Being on a Quiet Heart Pilgrimage is an important spiritual undertaking you will never forget; it provides the focus and freedom for you to take the next step on your path to God and go deeper into the Quiet Heart. (See website for testimonials.)
* If you would like options to experience fun with Master in exploring the various shopping and cultural delights of Guruji's Motherland.
* To enjoy Guruji's love of a bargain and to experience India’s uniquely rich cultural history in her arts, textiles, stonework, metals, gems, music, and cuisine, we will have optional times for exploring the markets, old and new, for shopping, browsing, and collecting. Master gathered treasures “from the earth’s far corners,” wherever he travelled, in order to share his experiences with dear ones. (AY: “I Return to the West”)
* If you would be most comfortable travelling with other mature devotee women, enjoying a sense of sisterhood; "Gurubhens" as they say in India: "sisters in The Guru".

So much is gained by being on pilgrimage with like-minded devotee women; being with those who have the same devotional focus of wanting a closer walk with Guruji, yet honoring each other's space to absorb the blessings and insights at their own pace, in peace and harmony.

To be in the company of those who want to feel Guruji in India, who want to walk with Him and talk with Him, and to feel His loving presence in every person, place, and situation…this helps to provide a deeper inner and outer environment, and a never to be forgotten experience of Guruji, His India, …and the Quiet Heart!

**About Your Coordinator and Escort:**

Brenda Roberts will be your Pilgrimage Coordinator and Escort. Brenda has conducted over 35 pilgrimages to India; going twice a year she has developed a vast array of Indian friends in the YSS monastic and devotee communities, and in the pilgrimage support services; shopkeepers, drivers, venders, etc. This extensive network of friends and years of experience provides a smoother, richer deeper pilgrimage experience.

Brenda is committed to giving you and making sure you get:

• excellent personal preparation  
• expert coordination  
• personalized care   
• reverence-based experiences  
• small group comfort  
• great shopping opportunities  
• introduction to YSS monastics and devotees

Brenda has been a practicing SRF Kriyaban since 1972 and over the years has served at the temples at Lake Shrine, San Diego, and Encinitas. She now attends the SRF Escondido Meditation Center and resides in Valley Center, California where she manages a nonprofit retreat farm.

You can reach Brenda at The Center For Living In Harmony 1-760-749-9634.

Email for brochure, dates, itineraries, and prices: [QuietHeart.India@gmail.com](mailto:QuietHeart.India@gmail.com)

You may wish to visit the website for general pilgrimage info, photos, & testimonials: [www.shantilok.com](http://www.shantilok.com)   
  
***Enjoy this 4-minute Quiet Heart Pilgrimage Video:*** <http://youtu.be/4t4YJFFZydY>

And remember, the joy of pilgrimage begins with the decision to do it!

Reservation Inquiries Are Open Now: To inquire please send a little self-introduction to Brenda at

[QuietHeart.India@gmail.com](mailto:QuietHeart.India@gmail.com),

***Jai Guruji! Jai Ma!***